

LOOK LOCAL

Your Free Local Magazine

MARCH 26th - Issue 160

WIN TICKETS



LETS GET SOCIAL:  

WWW.LOOK-LOCALMAGAZINE.CO.UK



email@rusticandrural.co.uk
www.rusticandrural.co.uk
Free Local Delivery

PHOENIX ELECTRICAL

FOR SALES, SERVICE & ADVICE

Free Delivery
Free Connection
(Gas & Built-In, chargeable)
Free Disposal of old machines
(Refrigeration: a small charge applies)



Station Yard, Thame
Tel: 01844 260477

ABLE GARDEN SERVICES

Professional Tree Surgery, Fencing & Landscaping work undertaken



- Tree Felling
- Topping
- Pruning & Shaping
- Hedge Cutting
- Stump Grinding
- Ivy & Climbers Pruned
- All Types of repairs to fencing, driveways & brick walls
- Grass Cutting
- General Garden Tidy ups
- Fencing
- Gates
- Decking
- Turfing
- Patios
- Driveways
- Shingle/Gravel
- Block Paving
- Tarmacing
- Jet Washing

ALL TYPES OF LANDSCAPING & DRIVE WORK UNDERTAKEN

OVERGROWN GARDENS CLEARED

NO JOB TOO BIG OR SMALL

All green and garden waste removed

Tel: 01865 475223 Tel: 07391 204145

Email: ablegardenservices@outlook.com

24 HOUR EMERGENCY CALL OUT

FULLY INSURED

Need **help** with your PC?

Fully qualified, locally based business offering a personal and professional service with a smile.

Support for Macs & PCs
Laptops, Desktops & Tablets
Supply of New Machines
Software Repairs/Upgrades
Hardware Repairs/Upgrades
Internet Security/Antivirus
Backup Solutions

Home & Office Visits
Secure Remote Help
Monthly Cover Option
Wireless/Networking
New Installations
Web Design & Hosting
Server Support

Free local callout & diagnosis!

support@pc-help-4u.co.uk | www.pc-help-4u.co.uk

01491 670014 or 01844 292989



YOUR LOCAL PLUMBING, HEATING AND BATHROOM EXPERTS



Reg No: 141994



Reg No: 763



By providing a full range of high quality, domestic and commercial plumbing services across Buckinghamshire, we offer our customers a complete one-stop solution.

- BOILERS** Servicing, repairs and installations (oil, gas & LPG)
- CENTRAL HEATING** Installation and upgrades (oil, gas & LPG)
- BATHROOMS** Design and installation specialists
- PLUMBING** From dripping taps to full installations
- ANNUAL MAINTENANCE** Contracts available
- FREE** No obligation quotes

FOR THE BEST SERVICE IN YOUR AREA GET IN TOUCH

call: 01844 274 604 email: info@surab.co.uk visit: www.surab.co.uk

Hello Readers,

Welcome to the March 2026 issue of Look Local Magazine.

Spring is truly on its way! With daylight saving kicking in soon and the countryside waking up from winter, the hills and hedgerows are beginning to brighten with blossom, daffodils and that unmistakable hint of warmer days ahead.

This month's issue is packed with seasonal inspiration and community spirit. We look at reasons to rethink garden structure and planting, explore ways to make your outdoor spaces more purposeful, and share fresh ideas for welcoming spring into your home and life.

There's plenty happening locally too. **International Women's Day** falls on **8th March**, and a special networking brunch celebrating businesswomen in Oxfordshire takes place on 6th March - a great way to mark the occasion and connect with others in our wider community. Alongside this, the **Thame Spring Market** returns to the High Street from **5th - 8th March**, bringing colourful stalls, street food and local makers to town.

Families can enjoy plenty through the month as well - from a fun **Comedy in Chinnor** evening at **Chinnor Village Hall** on **28th March** to regular activities at our local libraries and community halls.

This issue also includes our regular competition to **win tickets to Thame Players Theatre**, plus an exciting chance to **win a family ticket to Thame's Music in the Park**, one of the region's favourite spring music events.

With Mother's Day coming up, don't forget to support the many great local cafés, pubs and restaurants offering treats and special menus for celebrating mums and loved ones. And whether you're planning a picnic on the Phoenix Trail, a visit to Thame Museum (*free entry and always filled with fascinating local history*), or simply enjoying a walk at golden hour, there's lots to look forward to this month.

Until next time, enjoy reading.

Love Emma

For **Advertising** contact **07707 386034**
Email: info@look-localmagazine.co.uk
Web: www.look-localmagazine.co.uk

 **Look Local Magazine**

 **Look_Local_Mag**



All material appearing in this publication is reproduced as supplied. Although every care is taken to ensure accuracy, the publishers/printers cannot accept responsibility for the content of this publication. All artwork is accepted on the understanding that the description of goods and services are fair and accurate and permission has been given for use in this publication. Inclusion of advertisements does not imply endorsement by the publisher or printer. No part of this publication may be reproduced.

**WIN
TICKETS**

Turn to
page 14



CONTENTS

05. EDITORIAL

Check out the locals opinions on PCHelp4U and see if they can assist you with your computing needs.

07. HOME & GARDEN

Loft Ladders you can trust from Home County Loft Ladders.

10. HEALTH & WELLBEING

222 Healthcare help to demystify the myths linked to Private Healthcare.

14. COMPETITION

WIN a Family Ticket to this years Music in the Park.

15. NEWS & EVENTS

What's going on in our local area.

16. COMPETITION

WIN Thame Players Theatre tickets.

22. HOME & GARDEN

Over the Garden Gate with Mimosa Garden Design.

**BOOKING DEADLINE FOR
APRIL 2026 ISSUE:**

Wednesday 18th March

7,100 copies of Look Local Magazine are printed on a monthly basis and delivered to households in, *Aston Rowant, Chalgrove, Chinnor, Great Haseley, Great Milton, Henton, Kingston Blount, Lewknor, Little Milton, Milton Common, Stadhampton, Sydenham and Watlington*. In addition, the magazine can also be picked up from businesses in these areas and also **Thame & Wheatley**.

04 To advertise, call **07707 386034** or email info@look-localmagazine.co.uk

Need help with your PC?

01844 292989 or 01491 670014



It has now been 11 years since we started advertising in the **Look Local Magazine!** The response to our computer repair & support advertising is better than ever and we continue to gain lots of new clients on our books, many of whom have signed up to our monthly, remote support cover. Below are just some of our clients' thoughts on our services:

"PChelp4U are 100% professional 100% of the time. Willing and able to take on any PC problem I've had, quickly and efficiently with very reasonable fees. My PC is extremely important to me and it is comforting to know that PChelp4U is just a phone call away."

Jan Collins, Thame

"I can't thank PChelp4U enough for sorting out my serious computer problem. I have never, in dealings with any company, had such prompt and wonderful service from all the staff and what's more they kept me informed of what they had to do to resolve the problem. I would have no hesitation in recommending this company to sort out your computer problems and I know of other people in my area who have used them as well and are very, very satisfied with their response."

Anne Webb, Watlington

"I am really pleased to have found you having received very poor advice and workmanship from others. As a complete "non-techie" I need someone who listens to my issues and without patronising me will go away and fix things for me plus explaining matters to me in language I can understand. Thank goodness I found you guys at PChelp4U because that's just what you do for me - well done."

Phil Simmons, Chalgrove

"I first discovered PChelp4U about a year ago when I was having problems with my laptop. Unfortunately, after trying several things it proved to be irreparable. However, Ben was extremely helpful in finding me a new one which suited my needs & price range perfectly. I was very happy with the service I received, especially having it brought to my home & set up for me. I would definitely use this company again for any PC problems & certainly recommend!"

Sonia Max, Thame

"I am extremely grateful for the help received from PChelp4U after I had been the victim of an online scam. Their first thoughts were for me and making sure that the culprits would not be able to take any more money from my account. The information, help and professional courtesy received from everyone I spoke to will be remembered, always, and I have no hesitation in recommending PChelp4U."

Denise Ballard, Watlington

"The young man who came out to help was excellent. Thank you. Computer been great since I got it back."

Dawn Micklem, Chinnor

"Super professional company to deal with and very friendly staff."

Mike Smith, Thame

Read more at: www.pc-help-4u.co.uk/testimonials

Website: www.pc-help-4u.co.uk

Email: support@pc-help-4u.co.uk

Please mention **Look Local Magazine** when responding to adverts.

05



CAR BODY REPAIRS

- All Accident Damage
- Insurance Work Undertaken
- All Car Body Repairs Undertaken
- Free Estimates



Lower Studridge Farm, Ibstone Road, Stokenchurch, HP14 3XS

Established for 30 year
01494 485390

Precision
mowing & garden services

LAWN CARE

- scarification
- aeration
- feed & weed
- moss control
- feed & weed
- lawn landscaping
- lawn repair/renovations
- mowing



MEMBER

20 years experience in greenkeeping and lawn care
NVQ 3 in sports turf horticulture



dan@precisiongardenservices.co.uk • 07745499981

PLANNING A HOME EXTENSION OR RENOVATION?



VISIT OUR SITE

WHY CHOOSE US?

KM BUILDERS OXFORD ONE OF OXFORD'S TOP-RATED BUILDERS. QUALITY YOU CAN TRUST. SERVICE YOU CAN RELY ON. RESULTS THAT LAST.



EXTENSIONS	BATHROOMS & KITCHENS	DRIVEWAYS & PATIOS
LOFT & GARAGE CONVERSIONS	STRUCTURAL WORK	ROOFING
HOME REFURBISHMENT	COMMERCIAL WORK	PLUMBING



01865 608 649
k.mbuilderservices@yahoo.com

Why is your house full... but your loft is empty?

Local homeowners are discovering storage space they already own

With growing families, home working, and ever-increasing storage demands, many homeowners are finding their houses feel cluttered, even though there's often a large, unused space directly above them.

Home Counties Loft Ladders is a local company that helps homeowners safely and correctly use their loft space. By improving access, lighting and boarded storage areas, most installations are completed in less than a day, with minimal

disruption to the home.

Jamie Oakley, Manager at Home Counties Loft Ladders, explains: "Most people know their loft is there, they just don't use it because access is awkward or unsafe. Our job is to make that space easy, safe and practical to use."

"We work to three simple principles: Quality in our materials and workmanship, Integrity in how we treat people's homes, and Value in offering a fair price for a job done properly."

That approach has led to much of the company's work coming from recommendations by previous customers, homeowners who wanted the job done correctly, without mess or hassle.

To find out how you could make better use of your loft, call Jamie on **0808 301 9558** or visit homecountiesloftladders.co.uk to book a free, no-obligation quotation. You may be surprised how much space you already have.



We make your loft usable and safe.

Prices from £414



— Home Counties —
LOFT LADDERS



- ✓ Loft Ladders
- ✓ Hatches ✓ Boarding
- ✓ Lights ✓ Insulation
- ✓ Fully Guaranteed

CALL FREE: 0808 301 9558
homecountiesloftladders.co.uk



OR SCAN ME!



Learning Through Play

At **Ickford Pre-School** our aim is to provide a high quality learning environment which is affordable and accessible to all.

We provide care and education for children aged from 2 - 5 years old in a well equipped purpose-built building in Ickford, Buckinghamshire.

We also offer wrap-around care, which includes a Breakfast Club and an After-School Club with an option for a cooked meal for ages 2 - 11.

For more information or to arrange a visit to our Pre-School, please contact us on **01844 338785** or email us psasc.ickford@gmail.com.

visit www.ickfordpreschool.com to find out more about us.

Leading the way in providing an **AFFORDABLE PROFESSIONAL** service



WESTMINSTER LAW

Wills ~ Estate Planning ~ Probate



If you are over 60 it will cost you only **£95*** for us to prepare your Will. We are also Lasting Power of Attorney Specialists - only **£120*** each LPA if instructed during the Will appointment.

Our prices include home visits, VAT and Inheritance Tax advice.*

Call us now for a no obligation chat on: **01865 952989**

www.westminster-law.co.uk ~ Oxford office email: vb@westminster-law.co.uk

Westminster Law Group Ltd ~ Registered Office: Wellesley House, 204 London Road, Waterlooville PO7 7AN

*These very special rates are only available if you are over 60 years old. Minimum spend for a free home visit is £95.

Our normal price for a standard single Will is £160, or £270 for a couple. VAT, when applicable, is included in these prices.

Office of the Public Guardian (OPG) registration fee, when applicable, is not included in these prices.



Hair by Jem

Multiple Award Winning Ladies only Mobile Hair Stylist
Cutting & Colouring in the comfort of your Chinnor home



- 🏆 Multiple Award Winning Hair Stylist
- 💰 Wealth of Expertise
- 🛡️ Fully Insured
- 💇 Salon Exclusive REF Colours
- ✂️ Hair by Jem Hair Care Products
- 📺 Hair Care Video Tutorials & Courses
- 👛 Hair Stylist in Your Pocket Membership
- 📖 Author of More than Hair Book
- 🎙️ Host of More than Hair Podcast

APPOINTMENTS GO VERY FAST!

★★★★★

"First time seeing Jemma for haircut today and very pleased with haircut and blow dry, booked for colour and cut next time too."
Sue - Chinnor

"Amazing service, good cut & reasonably priced, Jem is professional, friendly and attentive. Have used Jem a few times now and she's never disappointed! Thanks again Jem and see you soon!"
Annie - Chinnor

CONTACT ME NOW FOR PRICE LIST / AVAILABILITY

📱 FB & IG: @hairbyjemchinnor
 📧 hairbyjemchinnor@gmail.com
 🌐 <https://www.hairbyjemchinnor.com>



Pilates Classes

Daytime and evening classes and 1:1's available in Chinnor

Book your space now contact Sam on
 E: masters_12@hotmail.com
 M: 07921 928404
www.facebook.com/pilatesmastersoxon





SCALLYWAGS DOG TRAINING

**FOR A POSITIVE LEARNING
EXPERIENCE FOR YOUR DOG AND YOU**

PUPPY CLASSES
Held at Tetsworth Memorial Hall
Thursday evenings

PUPPY SOCIALISING
Held in Henton near Chinnor
Tuesday mornings

Also training for adult dogs, agility training and one to one

07944 505916
scallywagsdogtraining@gmail.com
www.scallywagsdogtraining.net

PROTECT YOUR FAMILY TREE

GUARDIANSHIP WILLS WITH INTEGRITY



PRICES FROM

£95.00 - Basic Single Will
 £190.00 - Basic Joint Will
 £110.00 - Lasting Powers of Attorney

THE IMPORTANCE OF A WILL

Having a will is arguably one of the most important things you can do for yourself and your family. Not only can a will legally protect your spouse, children, and assets, it can also spell out exactly how you would like things handled after you have passed on.

A will gives you the opportunity to appoint guardians for your children which is the only way to ensure they are safeguarded if the worst were to happen to you.

For more in-depth information or experienced advice regarding Wills, and Lasting Powers of Attorney contact
Michael Bradley
 E: integritywills@aol.com | M: 07868 746406

Thinking About Private GP Care? Let's Bust Some Myths...

By Dr Shanika Attale, 222 Healthcare.

Private GP services are becoming more visible across the UK, yet misconceptions remain about who they are for and how they work alongside the NHS. As a local private GP practice, we regularly hear similar questions, so here are some common myths explained.

Myth 1: Private GPs are only for the wealthy

Private care does involve a fee, but many people are surprised by how accessible it can be. Some patients choose membership for continuity and proactive care, while others book occasional appointments when they want quicker access or more time to discuss concerns. For many, the value lies in efficiency. Longer appointments and, in some cases, on-site dispensing can streamline what might otherwise involve multiple visits.

Myth 2: You need private health insurance to see a private GP

Most private GP care in the UK is accessed without insurance. Many patients simply pay per appointment, while others opt for membership if they value regular reviews and continuity with the same doctor.

Myth 3: You have to leave your NHS GP

Not at all. Private GP care usually complements NHS services rather than replacing them. Most patients remain registered with their NHS practice and use private care when they want faster access, longer appointments or preventative support. Information can be shared appropriately to ensure coordinated care.

Myth 4: Private doctors tend to over-test

Good medical practice should always be evidence-based. Longer consultations often allow clearer discussion and reassurance, and sometimes confirm that tests are not needed. Appropriate investigation — not unnecessary testing — is the priority.

Myth 5: Private GPs only deal with minor issues

Private practices provide full primary care, including acute illness, chronic condition support, mental well-being discussions, health checks, vaccinations and referrals where required. There is also increasing focus on prevention and long-term well-being.

Myth 6: It's only about faster appointments

Speed is helpful, but many patients value continuity most — seeing the same doctor regularly and having time for meaningful conversation.

Myth 7: Private healthcare undermines the NHS

Most private GPs have NHS backgrounds, and many continue NHS work. Preventative care and early assessment in private practice can sometimes reduce pressure on NHS services.

Myth 8: You only see a doctor when something is wrong

Healthcare is increasingly preventative. Many patients now seek advice on sleep, stress, nutrition and healthy ageing, not just illness.

The Bottom Line

Private GP care isn't about replacing the NHS. For many, it simply offers another option — one that prioritises time, continuity and a proactive approach to health.

Contact us on 0333 242 2107 or visiting our website www.222healthcare.co.uk

10 To advertise, call 07707 386034 or email info@look-localmagazine.co.uk



222 HEALTHCARE

A Private GP Service in Buckinghamshire



"The whole team here are so friendly and helpful and efficient. We've used them multiple times over the past couple of years and 100% recommend them."

"The friendliest, most attentive and receptive GP I've seen in years - her helpful and pleasant attitude made all the difference."

Want Your Healthcare To Feel Like This?

 **New Clinic Now Open!**

**Halton Tennis Centre, Wendover on Wednesdays
GP Appointments & Health Checks**

We Help: **Families
Individuals
Local Businesses**

We Offer: **GP Appointments
Gold & Silver Membership
Health & Wellbeing Checkups**

www.222healthcare.co.uk

support@222healthcare.co.uk

03332422107



222 HEALTHCARE

2nd Floor, Stokenchurch Medical Centre
Oxford Road, Stokenchurch
High Wycombe
HP14 3SX

Our patients say: **Excellent** 

4.97 out of 5 based on **259** patient reviews

Verified by




Bespoke Garden Buildings, Built to Last

We design and build handcrafted garden rooms, offices, summerhouses and sheds for all budgets – all locally made, family run, and never beaten on quality.

- ✓ Locally made
- ✓ Fully bespoke
- ✓ Built for all seasons

*Transform your garden.
Add value to your home.*



☎ 01296 820 537

🌐 www.bbdleisurebuildings.co.uk

✉ Jess@bbdleisurebuildings.co.uk

————— NEVER BEATEN ON QUALITY —————



CURTAINS, BLINDS,
SHUTTERS, TRACKS
& POLES

Your local experts for bay & unusual windows

New for 2025 - Blind Screen™ - integrated thermal/blackout and fly screen blinds.

Cord Operated & Automated Tracks & Poles - Hand Finished Wooden & Metal Curtain Poles - Roman, Roller, Venetian & Vertical Blind Systems - Room Divider/Cubicle & Shower Systems - Covered Lathes - Pelmetts & Pelmet Boards - Shutters - Awnings

Full Measuring, Fitting & Repair Service

1 Year Guarantee on all products & 5 Year Guarantee on Silent Gliss products

CONTACT US TODAY TO BOOK YOUR FREE MEASURE

Phone: 01296 934333

Phone: 01494 713621

Email: sales@bay-tracks.co.uk

Website: www.bay-tracks.co.uk

FREE
MEASURE
service within
25 mile radius
of Aylesbury



HERITAGE JOINERY

Handcrafted Bespoke Joinery made using the
finest sustainable materials

- Sash/Casement Windows
- Doors
- Cabinetry
- Fitted Wardrobes
- Staircases
- Furniture
- Kitchens
- Joinery packages
- Bespoke Joinery

01865 823103

info@heritageoxford.co.uk
www.heritageoxford.co.uk

Keeping Homes Comfortable All Year Round

From cosy winter evenings to cooler summer days, we help families create homes they truly love



- Air Conditioning - Supply & Installation
- Log Burning & Multi-Fuel Stoves
- Electric Fires & Media Walls
- Patio Heaters & Outdoor Heating

As a small, family run business, we only offer products from Brands that we trust and believe in. We provide honest advice and expert support when required.

Browse
our
Online
Shop

www.coolheatsolution.co.uk

0333 880 6709

Local
Advice
Nationwide
Delivery

Copperworks

HEATING & PLUMBING LTD



Craig - 07930 326442



Edward - 07930 922220



enquiries@copperworksltd.com



Oxfordshire, Berkshire, Buckinghamshire



NEWS & EVENTS



WIN a FAMILY Ticket!

A day of live music, dance and fun!
Sunday 3rd May | Elms Park, Thame

Headlining this years festival are The Coldplay Tribute (www.thecoldplaytribute.com), a top Coldplay tribute act who cover the complete Coldplay repertoire, from 'Parachutes' all the way through to 'Music of the Spheres'. So, whether you're looking for that nostalgic feeling from hearing 'Yellow' or you want to dance your socks off to 'My Universe' we've got you covered! In addition, top Dua Lipa tribute act Dua Live (<https://www.facebook.com/dualiveuk>) will be headlining the Dance & Community Stage!

Music in the Park features more than 40 acts across four stages from midday through to 9pm, so there's something for everyone. Showcasing many local acts, you will be treated to music of all genres: rock, pop, blues, acoustic, jazz and choir. There will also be something for dance fans as well with show favourites Urban Strides and Thame Stagecoach.

In addition, you'll find all the usual attractions you'd expect at a festival, including a wide range of food, drink and craft stalls, a children's area with fun activities, as well as Zorbing, inflatables and a creche.

To enter to WIN A FAMILY TICKET answer to the following question:

Q: Who is headlining on the Dance & Community Stage?

Email us at info@look-localmagazine.co.uk with your ANSWER, NAME and CONTACT DETAILS to by 31st March 26'. For an extra chance to enter, visit our Facebook Page [LookLocalMagazine](#), SHARE the Competition Post and TAG A FRIEND.

To keep up-to-date, "Like" the [MusicInTheParkThame](#) Facebook page or visit the website www.musicinthepark.org.uk | Earlybird tickets on sale now: : <https://www.eventbrite.co.uk/e/music-in-the-park-2026-tickets-1864812908609>.



JOIN US AT **CHINNOR OR PRINCES RISBOROUGH** STATIONS AND ENJOY LEISURELY STEAM & CLASSIC DIESEL TRAIN RIDES ALONGSIDE THE CHILTERN HILLS

SIT BACK, RELAX, AND ENJOY THE LOVELY SCENERY!

Day Rover Tickets Available

WHAT'S ON

- **Diesel Gala** – Visiting locos
- **Steam Gala** – Visiting locos
- **Teddy Bear Day** – Child with Teddy Free
- **Senior Specials**
- **Restaurant Car** – Cream Teas
- **Santa Steam Specials**

See website for dates and full details

The 2026 running season starts on March 15th

Free car parking, Station Café, and souvenir shop at Chinnor station. See website or call for all fares, dates, and timetables.



CHINNOR & PRINCES RISBOROUGH RAILWAY

07979 055366 | www.chinnorrailway.co.uk

STATION ROAD . CHINNOR . OX39 4ER

WHAT'S ON AT THE PLAYERS THEATRE

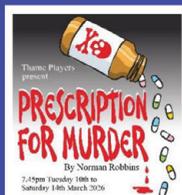
Tuesday 10th to Saturday 14th March at 7.45pm

Thame Players present

Prescription for Murder

An exciting and absorbing thriller from the pen of master playwright, Norman Robbins

Tickets £12, concessions £10

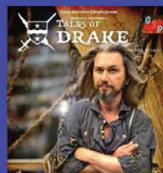


Saturday 21st March at 7.45pm

Tales of Drake

A former sailor found guilty of piracy recalls the many tales of his service with Francis Drake.

Tickets £14



Saturday 28th March at 2pm and 7pm

Haddenham Youth Theatre

Haddenham Youth Theatre perform a double bill of two plays

Jurassic Parp and **She Who Was Changed**

Tickets £12.50



Saturday 11th April at 7.45pm

The Greatest Love Songs

Susannah Ruth performs a captivating evening of some of the greatest love songs ever written.

Tickets £15

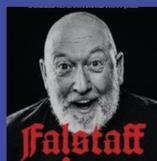


Friday 17th April at 7.45pm

Falstaff

Mike Stoneham plays the eponymous hero in this play based on the acclaimed novel by Robert Nye.

Tickets £15



Exclusive Competition

For a chance to WIN complimentary tickets for a family of four to a Thame Players' production* answer the following question:

Q: WHO WILL BE PLAYING FALSTAFF?

Email your answer with your name and address to info@look-localmagazine.co.uk by 31st March 26'.

*There are five Thame Players' productions a year. See website for details.





Professional Fortnightly Lawn Mowing Service

Spaces now available for 2026

Free quote on request

Friendly team - Fixed prices

Pay-as-you-go or monthly invoice

Contact Sam for a no-obligation quote

Sam Jones Gardens

01296 712994 or 07971 583 977

imowalot@gmail.com



www.buckselectrical.co.uk

BUCKS ELECTRICAL SOLUTIONS

Domestic Electrical Specialists

- ⚡ Indoor and garden lighting
- ⚡ Additional sockets
- ⚡ Smart gadgets and lights
- ⚡ WiFi and ethernet installations
- ⚡ CCTV systems
- ⚡ Extractor fans and smoke alarms
- ⚡ Consumer units and additional circuits
- ⚡ TV set up, wall mounting, audio systems and more



Contact us:

07397 874279

matthew.smith@buckselectrical.co.uk

George Road, Stokenchurch



NAPIT



SPECIALIST AIR CONDITIONING

High Efficiency Heating in Winter
Comfort Cooling in Summer.

High quality, Air Conditioning design,
installation and servicing for you:

- House
- Garden/Home Office
- Summer House
- Annex/Outhouse
- Shed
- Cabin
- Garage



FUJITSU DAIKIN

HITACHI

MITSUBISHI

f-gas

For an appointment to receive a free, no obligation quote call Byron Penfold on

07754 311725

or email, qualitycooling-ac@outlook.com

MARSHALL LANDSCAPES & BUILDING CONTRACTORS

— Landscaping • Groundworks • General Building —

Reliable • Fully Insured • References Available



Services Include:

- Patios, Driveways, Fencing
- Shed & Garden Bases
- Lawn & Hedge Work
- Garden Clearance
- Extensions & Conservatories
- Groundworks
- Drainage
- Patio, Driveway & Roof Chemical Cleaning and Sealing

Call Today for a Free Quote

01494 482787 | 07786 915910 | tomm1982@icloud.com

Local Carpentry Services



- Roofing & structural carpentry
- Kitchens
- Bespoke furniture & media walls
- Doors
- Wooden flooring
- Garden buildings & fencing



Get your hassle-free no obligation quote

07796 683830

Mat@mjbcarpentry.com

www.mjbcarpentry.com

The Window Doctor

CARE & REPAIR FOR ALL YOUR UPVC, ALUMINIUM WINDOW & DOOR PROBLEMS

FENSA



- Replacement of broken down sealed units - misting up inside glass
- Adjust front & back doors that do not shut
- New handles, hinges and door locks
- Replacement of patio door wheels
- New security handles with keys
- New door panels and cat flaps New Georgian style or leaded style sealed units



All insurance work | Burglary damage | Servicing

PLUS INSTALLATIONS OF NEW UPVC WINDOWS & DOORS

Call us for a FREE Survey & Quote
No call out charge

Friendly family business
Cowling & Co

Tel: 01865 891776
Mob: 07860 435742

W: www.windowdoctor.co.uk
E: cowlingandcothewindowdoctor@gmail.com

PREMIER GAS SERVICES
Heating & Plumbing

10% OFF

CODE: 10PGS*
*EXP: 30-03-26




- **New Boilers & Servicing**
- **Gas Certificates**
- **Gas Fires & Hobs**
- **Heating & Plumbing**
- **Taps & Bathrooms**

Contact Us Now:
Tel: 01844 853200
01296 250255
www.premiergas.services



AL TOM

TREE CARE LTD

Tree Felling
Height Reductions
Stump Grinding
Landscaping - Fencing
Grass/hedge Cutting
Patios - Turfing
Maintenance Contracts
SEASONED LOGS FOR SALE



For a reliable, professional service,
Mob: 07958 759747
01844 339833
FULLY INSURED & FREE QUOTATIONS
Email: altomtree@gmail.com
www.altomtrecare.co.uk



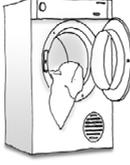
DOMESTIC SERVICES

We service and repair all makes and models of:

Washing Machines

Tumble Dryers

Dishwashers and Electric Ovens



Authorised Hoover and Candy Dealer




Tel: 01844 291296
Email: repairs@domestic-services.com
3 Long Wall, Haddenham, Buckinghamshire, HP17 8DL

Local ELECTRICIAN Fast

We can provide

- emergency call outs
- landlord certificates
- test and inspections
- part P registered
- consumer units
- rewiring
- sockets and lighting
- boiler repair

Why come to us?

- all work guaranteed
- fixed price
- no job too small
- years of experience
- appointments are made and kept
- free advice on what's best for you




T 0800 012 1788/01844 340772
M 07711 370 938
E info@localelectricianfast.co.uk
W www.localelectricianfast.co.uk

THAME LOCK & KEY

Master Locksmiths ~ Established 1975

- ⇒ Key Cutting
- ⇒ Full Mobile Locksmiths Service
- ⇒ Auto Locksmiths
- ⇒ Van Security
- ⇒ Door & Window Locks
- ⇒ Security Grilles & Roller Shutters
- ⇒ Safes Supplied, Fitted & Removed
- ⇒ Access Control, CCTV & Alarms

Tel: 01844 617278
Mob: 07760 247247
www.lockandkeycentre.co.uk



With more than 40 years experience and expertise
our staff are able to ensure complete customer satisfaction



Avenue Fencing

Strong. Secure. Guaranteed.

**Fences, Gates, Decking
Pergolas and Sheds**

Replacements, Repairs and New Builds

Find expert advice at

avenue-fencing.co.uk

01296 712994 - 07971 583 977

info@avenue-fencing.co.uk



**WE NOW SELL
AGGREGATES PEA
COTSWOLD STONE
SHINGLE**

Lewis
Turf & Fencing

*SUPPLYING TURF & FENCING TO THE TRADE AND PUBLIC,
ALL TYPES OF FENCING AND TURFING SERVICES OFFERED,
INCLUDING:*

- ✔ Garden Fencing Installation & Repair
- ✔ Turfing & Topsoil Supply Services
- ✔ Commercial Fencing & Repair
- ✔ Sheds, Garden Rooms & Outbuildings
- ✔ Agricultural Fencing & Repair
- ✔ Landscaping & Garden Maintenance

CONTACT US
T: 01844 344435
E: lewisfencingsales@gmail.com
W: lewisturfandfencing.co.uk

SDC ROOFING

All Aspects of Roofing Undertaken

**PROUD MEMBERS
YELL.COM**

Free Quotations | Fully Insured

Our Services Include:

- New Roofs
- Re-roofs
- Flat Roof Solutions
- Repointing
- Rebedding
- New Felt & Battens
- General Roof Repairs
- Moss Removal
- Chimney Repairs & Rebuilds
- Exterior Painting for Fascia Boards
- Bird Proofing for Solar Panels
- Facia, Soffit & Guttering

Contact us on
0800 955 5063 | 07300 642651 | sdcroofing@yahoo.com

Look locally over the garden gate with Lucie Giselle Ponsford



Roots, Heritage and the Framework of the Garden...Behind every successful garden lies a story - of structure, planting and place. Inspired by a family history of Victorian grotto builders and Dutch orchid growers, this month's feature looks at how thoughtful design and intelligent planting work together to create gardens that are resilient, functional and deeply connected to those who use them.

I recently learned that my ancestors were responsible for building Victorian grottoes—garden structures made from shell and reinforced concrete. These were designed to give gardens structure and intent, creating defined destinations within the landscape. In many ways, my own work in garden design follows a similar principle: shaping outdoor spaces so they are functional, coherent, and meaningful to the people who use them.

I also have family connections to the commercial growing of *Phalaenopsis* orchids in Holland. That background has reinforced my belief that plants should be treated as essential components of design, not decorative afterthoughts. Plants define how a garden works over time, how it is maintained, and how it responds to its environment.

Good garden design can reduce stress by improving flow, access, and usability. Clear routes, well-placed seating, and purposeful destinations all contribute to a space that feels calm and intuitive. However, design cannot be separated from planting. Plants are dynamic; they grow, spread, and occasionally fail. Unlike built elements, they change continuously and require informed decision-making.

Every garden presents a unique set of conditions. Soil type, aspect, exposure, existing trees, and the surrounding landscape—whether urban or rural—all influence which plants will succeed. Ignoring these factors leads to frustration and unnecessary replacement. Working with them leads to resilient, long-lasting gardens.

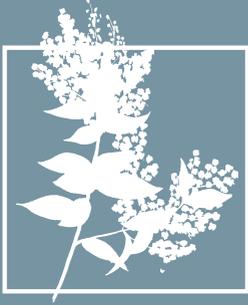
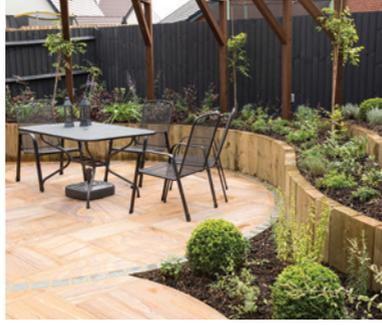
This month, I encourage you to look at the underlying structure of your garden before focusing on surface details. Consider the framework that supports it and the space's history. What gives your garden clarity and purpose? How does it reflect your current needs and the way you garden today? When structure and planting are properly aligned, a garden becomes easier to manage, more sustainable, and ultimately more rewarding to spend time in

With love, Lucie x

CONTACT ME: T: 01844 354949 | M: 07737 286784

E: info.mimosadesign@gmail.com | Insta: [@lucieponsford_mimosagarden](https://www.instagram.com/lucieponsford_mimosagarden)

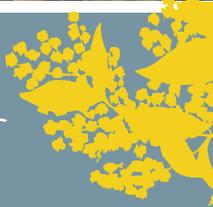
Web: www.mimosagardendesign.com



MIMOSA

Garden Design & Installation

Make your garden your favourite space



What our customers say



Mary Clements

Mimosa carried out a full redesign and build of the front and back gardens in 2024. Their design gave me exactly what I wanted and more by creating a low maintenance garden full of round year interest. The planting has settled and grown so well and each month so far has shown new areas of interest. It's difficult to find a company that will provide a full design and build package, with the skills to deliver, on time and in budget.



Olwen Comino-James

Firstly I LOVE my new garden! The whole process was really great - Lucie came up with a lovely design, then successfully tweaked it to take budgeting considerations into account without compromising too much on the end result. The construction team were great. The planting is looking lovely and I can't wait to see it all flourish. Thank you Mimosa, highly recommend!

T. 01844 396 881 • M. 07737 286 784

E. info@mimosagardendesign.com

IG [@lucieponsford_mimosagarden](https://www.instagram.com/lucieponsford_mimosagarden) FB [@mimosadesign](https://www.facebook.com/mimosadesign)

W. www.mimosagardendesign.com

Office. Sanderum Centre, 38, Oakley Road, Chinnor OX39 4TW

Working Hours. 9am - 5pm, Monday - Friday

Please scan to visit our website



JPC GROUP LTD

INDUSTRIAL & DOMESTIC CONTRACTORS

BUILDING, GROUNDWORK AND LANDSCAPING CONTRACTORS

Email: jpcltd@outlook.com | Web: www.jpcgroup.co.uk

Office Tel:
(01844) 274951

Mobile Tel:
(07860) 242473

Mobile Tel:
(08336) 531234
 Where reputation matters



REPUTATION & EXPERIENCE
WINS EVERYTIME

**IF WE CAN'T DO IT,
IT CAN'T BE DONE**



TRADING
STANDARDS
APPROVED

Working in partnership with
Checkatrade

Driveways | Patios | Paths | Fencing | Gates | Green Waste | Site Clearance

BLOCKED DRAINS **CLEARED FAST**

Emergency Drainage, Plumbing & Heating Service

- ▶ Blocked Toilets
- ▶ Blocked Kitchen Drains
- ▶ Blocked Sinks
- ▶ Blocked Showers
- ▶ Blocked Internal & External Drains
- ▶ CIPP Relining
- ▶ CCTV Surveys
- ▶ High Pressure Jetting
- ▶ New Drainage Installations
- ▶ Soakaway Installations
- ▶ Emergency Plumbing Services
- ▶ Boiler Repair, Service & Installation
- ▶ Qualified Engineers in your Area

No additional charges for evening weekend or bank holiday call outs

NO
CALL-OUT
CHARGE

SENIOR
CITIZEN
& NHS
DISCOUNTS

CALL OUR FRIENDLY TEAM 24/7

01844 690834

Plumbers 365
Plumbing, Heating & Drainage
plumbers365.uk



Plumbers 365 National Ltd. Co Number: 16492177. Reg in England & Wales.

www.tvtaerials.co.uk

Family-run business established 25+ years

TVT Aerials



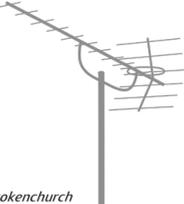
We give honest advice, offer fair pricing and have extensive local knowledge and experience with quick response times

- Freeview TV, FM & DAB aerials
- Additional TV points
- Sky Q, HD & Freesat installer
- Fault finding & Storm damage
- WiFi & data cabling
- TV wall mounting & audio systems
- Qualified Electrician





Contact us:
01494 483472
07810 236024
 info@tvtaerials.co.uk



George Road, Stokenchurch



Enhanced Landscapes
Design & Build



OUR SERVICES INCLUDE:

- Fencing
- Patios
- Pergolas
- Decking
- Garden Rooms
- Brickwork
- Ponds / Water Features
- Full Garden Design & Renovation
- All aspects of Hard Landscaping

07852 731591
 david.enhancedlandscapes@gmail.com
 www.enhanced-landscape.co.uk



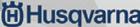

FAROL

Family run John Deere dealership selling agricultural, construction, professional turf, and garden machinery
Industry leaders in technology and aftersales service












01844 278843 farol.co.uk
 Rycote Lane Farm, Milton Common, Thame, OX9 2NZ








HELLO
FROM YOUR

LOCAL IT EXPERTS!

HERE TO HELP

With over 15 years' experience, we repair and upgrade Computers and Macs. Fast, reliable, and backed by a solid warranty - plus our No Fix, No Fee guarantee.

REPAIRS & UPGRADES

- PC/MAC REPAIRS AND UPGRADES
- FASTER AND MORE AFFORDABLE THAN APPLE SERVICE
- SAME-DAY SERVICE AVAILABLE ON MANY REPAIRS

IT SUPPORT FOR HOME & BUSINESS

- TROUBLESHOOTING TECHNICAL ISSUES
- SETUP REVIEWS TO REDUCE COSTS AND IMPROVE EFFICIENCY
- REMOTE SUPPORT - HELP AT YOUR FINGERTIPS
- FLEXIBLE OPTIONS: AD-HOC OR MONTHLY PLANS

IMPORTANT FOR WINDOWS 10 USERS

MICROSOFT WILL END FREE SUPPORT FOR
WINDOWS 10 ON OCTOBER 14, 2025.
AFTER THIS DATE:

- NO MORE FREE SECURITY UPDATES
- NO BUG FIXES
- NO TECHNICAL SUPPORT

WE CAN HELP YOU UPGRADE SMOOTHLY AND KEEP
YOUR DEVICES SECURE.

WE'RE HERE TO TAKE THE STRESS OUT OF IT —
KEEPING YOUR HOME AND OFFICE RUNNING SMOOTHLY,
SECURELY, AND WITHOUT HASSLE.



LAPTOP



PRINTER



PERSONAL
COMPUTER

WWW.HARRIS-CONSULTANCY.CO.UK

Call Us
01844 617301 |  hello@harris-consultancy.co.uk





Hartwell Homegrown quality British plants grown in Aylesbury

We are proud to continue growing our own range of quality plants right here on site in Aylesbury.

Our team of plant experts expect to grow over 20,000 perennials plus another 20,000 bedding plants, including foxgloves, lavender, salvias, hardy fuchsias, ready for you to buy and enjoy in your outdoor space from late spring.

By growing locally, we are supporting sustainable British growing, continuing to cut our carbon footprint, promoting healthier gardens and strengthening the local economy.

Keep an eye out for our overflowing hanging baskets, pretty potted arrangements and so much more in just a few months.



Hartwell Nurseries, Stone, Aylesbury, Buckinghamshire, HP17 8RZ
info@hartwellnurseries.co.uk | 01296 747961

hartwellnurseries.co.uk

[@HartwellNurseriesAylesbury](https://www.facebook.com/HartwellNurseriesAylesbury)

[@hartwellnurseries](https://www.instagram.com/hartwellnurseries)



THE SWAN AT TETSWORTH

01844 281777

High Street, Tetsworth, Oxon, OX9 7AB



Visit the BEST ANTIQUES CENTRE in the UK

DURING THESE TOUGH ECONOMIC TIMES WE ARE MAKING OUR VENDORS THOUSANDS OF POUNDS AND WE GUARANTEE THE LOWEST COMMISSION RATES!

Our sellers fees have not increased since 2002 and we do not intend to now which simply means more money in your pocket when choosing to sell with us. We are making our vendors thousands of pounds! We're always available for free valuations.

NEXT AUCTION - 4th March 26' | NOON START

Upcoming Auction Highlights



Lot 12 - A LATE VICTORIAN/EDWARDIAN NATURAL PEARL AND DIAMOND SCROLL BROOCH

Est. £1,800 - £2,500



Lot 553 - MARY FEEDEN, R.A., BRITISH, WATERCOLOUR/ GOUACHE BIRD AND MAN (JULIAN TREVELYAN), SIGNED, DATED 1985.

Est. £3,000 - £5,000



Lot 1 - GIFTED BY LIAM GALLAGHER TO PATSY KENSIT, A PAIR OF 18CT WHITE GOLD BRILLIANT CUT DIAMOND DROP EARRINGS

Est. £110,000 - £20,000



Lot 361 - A PAIR OF LATE RARE 19TH CENTURY CHINESE HEAVILY CARVED HARDWOOD OPEN ARMCHAIRS

Est. £500 - £1,000



Lot 500 - DINH NGOC THANG A LARGE OIL ON CANVAS PORTRAIT

Est. £250 - £350

We are open for valuations and virtual valuations, from a single item to a complete house clearance or specialist collections. Home visits welcomed.

T: 01844 281777
E: antiques@theswan.co.uk