# Your Free Local Magazine MAY 24' - Issue 138





email@rusticandrural.co.uk www.rusticandrural.co.uk Free Local Delivery

# PHOENIX ELECTRICAL

- FIRE HOL

For Sales, service & advice

Free Delivery

Free Connection

(Gas & Built-In, chargeable)

Free Disposal of old machines (Refrigeration: a small charge applies)

Station Yard, Thame **Tel: 0 | 844 260477** 



# SPECIALIST AIR CONDITIONING

High Efficiency Heating in Winter Comfort Cooling in Summer.



House

- Shed
- → Garden/Home Office
- Cabin
- Summer House
- \_
- Annex/Outhouse
- Garage



**FUÏITSU** 



**QUALITY** 



For an appointment to receive a free, no obligation quote call Byron Penfold on

07754 311725

or email, qualitycooling-ac@outlook.com

# Need help with your PC?

Fully qualified, locally based business offering a personal and professional service with a smile.

Support for Macs & PCs
Laptops, Desktops & Tablets
Supply of New Machines
Software Repairs/Upgrades
Hardware Repairs/Upgrades
Internet Security/Antivirus
Backup Solutions

Home & Office Visits
Secure Remote Help
Monthly Cover Option
Wireless/Networking
New Installations
Web Design & Hosting
Server Support

Free local callout & diagnosis!

support@pc-help-4u.co.uk | www.pc-help-4u.co.uk

01491 670014 or 01844 292989





#### **YOUR LOCAL PLUMBING, HEATING AND BATHROOM EXPERTS**









plumbing services across Buckinghamshire, we offer our customers a complete one-stop solution.

BOILERS Servicing, repairs and installations (oil, gas & LPG)

By providing a full range of high quality, domestic and commercial

BOILERS Servicing, repairs and installations (oil, gas & LPG)
CENTRAL HEATING Installation and upgrades (oil, gas & LPG)
BATHROOMS Design and installation specialists
PLUMBING From dripping taps to full installations

**ANNUAL MAINTENANCE** Contracts available

**FREE** No obligation quotes

#### FOR THE BEST SERVICE IN YOUR AREA GET IN TOUCH

call: 01844 274 604 email: info@surab.co.uk visit: www.surab.co.uk

Welcome to the May 2024 Issue of Look Local Magazine.

Spring has finally sprung and summer fayres and festival season will soon be upon us. So, I'm excited to let you all know that BEACON'S FESTIVAL returns in June and we have TWO WEEKEND TICKETS to give away. Turn to page 16 for more information about this years Summer Solstice festival and how you can enter the competition. And for theatre goers, we have our regular Thame Player Theatre Competition on page 14.

There's still time to get tickets to this months Abingdon Air & Country Show - turn to page 15 - and congratulations to our five lucky competition winners from our April competition! I know you'll enjoy a fabulous day out!

Another fun-filled family day out returning on Saturday 1st June is Sydenham Fayre. The long-established event, co-ordinated and run entirely by villagers, raises funds for local groups and causes, supporting schools, community organisations and facilities in the surrounding area. Last year it raised over £9,000 for local causes. The Fayre centres around the picturesque village green from 12:30pm - 4:00pm and this year visitors can enjoy live entertainment, children's games, a dog show, vintage cars, a BBQ, the tearoom and a huge variety of stalls selling quality gifts and goodies from local producers, plus there'll be the ever-popular Bottle Tombola, Coconut Shy, Plate Smash, Plant Sale, Bric-A-Brac, Jewellery, Vintage Clothing and Tarot reader.

Something else I wanted to draw attention to, after receiving a Press Release from Local home care company, Home Instead (Witney). They recently commissioned a survey of family carers and found 29% of them in Oxfordshire are at breaking point due to feeling highly stressed and isolated. It also concluded that a concerning 64% of them are neglecting their own health and well-being. As a company that supports older people in their own homes, Home Instead sees countless families in a desperate state as they seek to give their loved one the best life possible. If you are one of these people I urge you to reach out to them, or similar local organisations, to help you lighten the load. The full press release can be found on my website along with contact information and tips that may help you and your loved ones.

Until next month, enjoy reading...

#### Love Emma x

For Advertising contact 07707 386034 Email: info@look-localmagazine.co.uk Web: www.look-localmagazine.co.uk

: Look Local Magazine

(C): Look\_Local\_Mag

All material appearing in this publication is reproduced as supplied. Although every care is taken to ensure accuracy, the publishers/printers cannot accept responsibility for the content of this publication. All artwork is accepted on the understanding that the description of goods and services are fair and accurate and permission has been given for use in this publication. Inclusion of advertisements does not imply endorsement by the publisher or printer. No part of this publication may be reproduced.





#### CONTENTS

07. HOME & GARDEN

Loft Ladders you can trust from Home County Loft Ladders.

08. EDITORIAL FEATURE

PCHelp4U offer assistance for your computer problems.

14. COMPETITION

Thame Players Theatre tickets

#### **15/17. NEWS & EVENTS**

What's going on at Chinnor and Princes Risborough Railway and other local goings on.

16. COMPETITION

WIN tickets to Beacons Festival

22. HOME & GARDEN

Over the Garden Gate with Mimosa Garden Design.

**BOOKING DEADLINE FOR** JUNE 2024 ISSUE:

Wednesday 15th May

printed on a monthly basis and delivered to households in, Aston Rowant, Chalgrove, Chinnor, Great Haseley, Great Milton, Henton, Kingston Blount, Lewknor, Little Milton, Milton Common, Stadhampton, Sydenham and Watlington. In addition, the magazine can also be picked up from businesses in these areas and also Thame & Wheatley.

# ABLE GARDEN SERVICES

Professional Tree Surgery, Fencing & Landscaping work undertaken

- Tree Felling
- Topping
- Pruning & Shaping
- Hedge Cutting
- Stump Grinding
- Ivy & Climbers Pruned
- Grass Cutting
- General Garden Tidy ups
- Fencing
- Gates
- Decking
- Turfing
- O All Types of repairs to fencing, driveways & brick walls

- Patios
- Driveways
- Shingle/Gravel
- Block Paving
- Tarmacing
- Jet Washing

# ALL TYPES OF LANDSCAPING & DRIVE WORK UNDERTAKEN OVERGROWN GARDENS CLEARED NO 10B TOO BIG OR SMALL

All green and garden waste removed

Tel: 01865 475223

Tel: 07391 204145

Email: ablegardenservices@outlook.com

24 HOUR EMERGENCY CALL OUT

FULLY INSURED



# **UNBEATABLE VALUE** ELECTRIC GARAGE DOORS

- **✓** FREE installation
- ✓ FREE 5 year warranty
- ✓ Manufactured in the UK
- Fitted by a local Garolla engineer
- ✓ The UK's No.1 recommended

GAROLLA ELECTRIC GARAGE DOORS



01235 280 021 GAROLLA.CO.UK

# What does your vehicle need?

- Machine polishing
- Ceramic coating
- Monthly maintenance program And much more...





Unit 2, Thame Road Industrial Estate, Haddenham, **HP178BY** 

## Get a quote



07840230293



detailing@adtodd.com adtdetailing.co.uk



## Follow us





adt\_detailling



- All Accident Damage
- Insurance Work Undertaken
- All Car Body Repairs Undertaken
- Free Estimates

Established for 30 year

01494 485390

#### Lower Studridge Farm, Ibstone Road, Stokenchurch, HP14 3XS

# **Homes Made Happy**

#### **Domestic Electrical Services**

Interior • External • Lighting • Sockets • Switches Installations - Rewiring - Fault Finding - Inspection & Testing Security Lighting - Consumer Unit Upgrade

#### 01844 344998 • 07970 044638



www.homesmadehappy.co.uk smile@homesmadehappy.co.uk



#### **BESPOKE CURTAINS & BLINDS**



- · A huge selection of fabrics
- Pelmets & Headboards
- · Poles and curtain tracks
- · Roller, vertical & venetian blinds
- · Plantation Shutters
- · Full professional measure and fit offered

Enquiries welcome please call Sharene on 07811 296 454 for a free initial consultation. Email: info@thimblesandthreads.co.uk www.thimblesandthreads.co.uk

# Home Counties Loft Ladders, Quality You Can Trust!

These days most homeowners suffer from a lack of storage space. So many precious items that need to be kept - but where to store it all? That's where Home Counties Loft Ladders come in.

The company, based locally, offers homeowners the opportunity to maximise their storage space with a loft ladder. 50sqft of boarding and a light - all fully fitted in less than a day from just £444! But it's not iust the affordability of the package that makes Home Counties Loft Ladders stand out, as manager Jamie Oakley explains: 'Our

watchwords are Quality, Integrity and Value. Quality in the materials that we use for all our installations and the fact that all our loft packages are fitted by time served tradesmen, so our customers are assured of the best job.

Integrity in that we will turn up at the time we say and make sure the house is spotless when we leave, and value in that we offer our services at a price people can afford.

Our business relies on referrals and we get a huge amount of our calls from people who have been referred to us by our existing customers  that simply wouldn't happen if we didn't adhere to our overriding principles.

At the end of the day the old adage that happy customers lead to more happy customers is true and we work hard to make that happen for

every installation we carry out!'

So, if you want to make use of your loft space, call Jamie free on 0808 301 9558 and he'll be happy to pop round and give you a no obligation quote so you too can make use of your loft!



# Need more storage space? INSTALL A LOFT LADDER AND USE YOUR LOFT!

**STARTER PACKAGE:** Aluminium loft ladder, light plus 50 sqft boarding, fully fitted in less than a day from £444

- Loft Ladders
   Hatches
- Boarding Insulation
- Lights Fully Guaranteed





CALL FREE: 0808 301 9558 homecountiesloftladders.co.uk

# Need help with your PC?

# 01844 292989 or 01491 670014



It has now been 10 years since we started advertising in the Look Local Magazine! The response to our computer repair & support advertising is better than ever and we continue to gain lots of new clients on our books, many of whom have signed up to our monthly, remote support cover. Below are just some of our clients' thoughts on our services:

"PChelp4U are 100% professional 100% of the time. Willing and able to take on any PC problem I've had, quickly and efficiently with very reasonable fees. My PC is extremely important to me and it is comforting to know that PChelp4U is just a phone call away."

#### Jan Collins, Thame

"I can't thank PChelp4U enough for sorting out my serious computer problem. I have never, in dealings with any company, had such prompt and wonderful service from all the staff and what's more they kept me informed of what they had to do to resolve the problem. I would have no hesitation in recommending this company to sort out your computer problems and I know of other people in my area who have used them as well and are very, very satisfied with their response." Anne Webb, Watlington

"I am really pleased to have found you having received very poor advice and workmanship from others. As a complete "non-techie" I need someone who listens to my issues and without patronising me will go away and fix things for me plus explaining matters to me in language I can understand. Thank goodness I found you guys at PChelp4U because that's just what you do for me - well done." Phil Simmons, Chalgrove

"I first discovered PChelp4U about a year ago when I was having problems with my laptop. Unfortunately, after trying several things it proved to be irreparable. However, Ben was extremely helpful in finding me a new one which suited my needs & price range perfectly. I was very happy with the service I received, especially having it brought to my home & set up for me. I would definitely use this company again for any PC problems & certainly recommend!" - Sonia Max, Thame

"I am extremely grateful for the help received from PChelp4U after I had been the victim of an online scam. Their first thoughts were for me and making sure that the culprits would not be able to take any more money from my account. The information, help and professional courtesy received from everyone I spoke to will be remembered, always, and I have no hesitation in recommending PChelp4U." - Denise Ballard, Watlington

"The young man who came out to help was excellent. Thank you. Computer been great since I got it back." - Dawn Micklem, Chinnor

"Super professional company to deal with and very friendly staff." - Mike Smith, Thame

Read more at: www.pc-help-4u.co.uk/testimonials

Website: www.pc-help-4u.co.uk Email: support@pc-help-4u.co.uk



# Harris Consultancy

Developing Bright Ideas For Local Business

€ 01844 617301 A hello@harris-consultancy.co.uk

www.harris-consultancy.co.uk f www.facebook.com/harrisconsultancychinnor

# Award-Winning Web Design & Digital

## Web Design

Slick, easy to use websites are our thing. Let's take your concept and turn it into a shiny new website.

### Social Media

As one of the fastest growing marketing tools, it seems a little crazy to not include social media in your marketing mix. We'll make you stand out and cut through the noise.

## Branding

Your brand is the heart of your business. It should tell your audience who you are and what you're about. We'll find what makes you remarkable and show it off to the world.

# Marketing Made Affordable

Based in Oxfordshire, our success-driven agency helps small to medium companies raise their profile and reach their goals - no matter how big or small!

You'll get free ongoing business support from our team of experts to help grow your brand.

Are you ready to take your business to the next level?











Use code fly22 against any of our website packages or bespoke quotes



# Now Servicing the residents of CHINNOR & SURROUNDING AREAS

Parkins Care Angels Ltd is a Mother and Daughter team.

After working together within the caring industry for 8 years we decided to set up our own company in Hillingdon, which we are proud to say has been successfully running for 10 years.

Since moving to Chinnor we decided to expand our services to the residents of this area.

With our passion for caring, we really believe we can provide a great service caring for our clients, as if they were part of our own family.

Some of our service includes:

- · Assist with Personal Care
- Helping with incontinence care
- · Assisting with bathing and dressing
- Assisting with morning/wake up or bedtime help
  - · Companionship and conversation
    - Palliative Care
    - · Rehabilitation
    - · Assist with Shopping
    - Medication Assistance
    - 24 hour Care / Night Care
    - · Assist with Laundry Service

Tel: 01895 431675

W: www.parkinscareangels.co.uk E: parkinscareangels@hotmail.co.uk







#### GUARDIANSHIP WILLS WITH INTEGRITY

#### THE IMPORTANCE OF A WILL

Having a will is arguably one of the most important things you can do for yourself and your family. Not only can a will legally protect your spouse, children, and assets, it can also spell out exactly how you would like things handled after you have passed on.

Basic Single Will from £95.00
Basic Joint Will from £190.00
Lasting Powers of Attorney from £110.00

Contact Michael on T: 07868 746406 | E:integritywills@aol.com

# The Window Doctor

CARE & REPAIR FOR ALL YOUR UPVC,
ALUMINIUM WINDOW & DOOR
ENDA PROBLEMS

- Replacement of broken down sealed units misting up inside glass
- Adjust front & back doors that do not shut
- New handles, hinges and door locks
- Replacement of patio door wheels
- New security handles with keys
- New door panels and cat flaps New Georgian style or leaded style sealed units

All insurance work | Burglary damage | Servicing

**PLUS INSTALLATIONS OF NEW UPVC WINDOWS & DOORS** 

Call us for a FREE Survey & Quote
No call out charge

Friendly family business

Cowling & Co

Tel: 01865 891776 Mob: 07860 435742

W: www.windowdoctor.co.uk E: cowlingandcothewindowdoctor@gmail.com

# Wheatley Farm Shop

#### Welcome to our farm shop where we stock

- Wild Bird Feed
- Pet Food brands include Natures Way & Chudleys
- Heygates Farm Animal Feed
- Animal Care including, Hay, Straw, Wood Shavings for Horses, Rabbits, Guinea Pigs
- Snowflake range of shavings, Bedmax & Littlemax Animal Bedding
- Bulldog Gardening Tools
- Garden Sundries & Seeds
- Growmoor and Melcourt Compost

Opening Hours: Monday - Friday, 9:00am - 5:00pm Saturday, 9:00am - 4:00pm

Address: Old London Road, Wheatley, OX33 1YW Website: www.wheatleyfarmshop.co.uk

# Tel No: 01865 874636

# **GR** WMOOR









HANGING BASKETS & BASKET PLANTS available NOW!



ILTI PURPOSE

MULTI PURPOSE



\*\* SPECIAL OFFERS \*\* **ON COMPOST** 

Growmoor multi-purpose compost 50 litre bag

£5.99 each or 2 for £10.00

Melcourt Sylvagrow peat free 40 litre bag

£7.99 each or 2 for £15.00

# JPC GROUP LTD

INDUSTRIAL & DOMESTIC CONTRACTORS

#### **BUILDING, GROUNDWORK AND LANDSCAPING CONTRACTORS**

Email: jpcltd@outlook.com

Office Tel: **(01844) 274951** 

Mobile Tel: **(07860) 242473** 

Mobile Tel: **(07836) 531234** 



REPUTATION & EXPERIENCE WINS EVERYTIME

IF WE CAN'T DO IT, IT CAN'T BE DONE



TRADING STANDARDS (APPROVED)

Working in partnership with Checkatrade

Driveways | Patios | Paths | Fencing | Gates | Green Waste | Site Clearance

# **LIMEWOOD**

TREE SERVICES

All Tree & Garden Work Undertaken

**General Garden** 

Works

**Fencing** 

Turfing

**Patios Laid** 

Shed & Garden

Waste Removal

0% OFF

Felling Loping

Reshaping Crown Reduction

Dead/Dangerous tree removal

Stump Grinding Landscaping

For a free quote call:

07763 722598

24/7 Call Out

limewoodtreeservices@gmail.com
Mill Lane, Marston, Oxford, OX3 0QD



Quality workmanship | Personalised Service 30+ years experience

Paving Brickwork

Driveways

Patios Bricklaying Landscaping

E 07931735204

W: www.jamiewilkes.uk | E: jwilkespaving@outlook.com



#### WHAT'S ON AT THE PLAYERS THEATRE

Tuesday 7th to Saturday 11th May Thame Players present

#### **Twelfth Night**

One of Shakespeare's best known and best loved romantic comedies, sure to delight the audience.

Tickets £12 (concessions £10)

Friday 17th May at 7.45pm

#### No Loose Ends

The Purple Dreams Company return with their latest production by Tobias Nicholls in which even the cast don't know how it ends!



Friday 24<sup>th</sup> May at 7.45pm

#### Patti Boulaye - Me, Myself and I

A show that celebrates 50 years of stardom, singing songs that made her famous and tells the stories behind each song.

Tickets £17

Thursday 6<sup>th</sup> June at 7.30pm

#### **Sherlock's Excellent Adventure**

Our Star Theatre Company presents this comedy, written by James Barry, based on the Arthur Conan Doyle hero.

Tickets £16, concessions £14

Saturday 8th June at 7.30pm

#### **Swinging the 60s**

The welcome return of the New Foxtrot Serenaders performing many of the greatest hits from the 1960s

Tickets £17

For all these shows book online at <a href="https://www.thameplayers.co.uk">www.thameplayers.co.uk</a> or by telephone on 01844 212833 or in person from the Information Centre at Thame Town Hall

# **Exclusive Competition**

For a chance to WIN complimentary tickets for a family of four to a Thame Players' production\* answer the following question:

O: WHO WROTE THE COMEDY 'SHERLOCK'S EXCELLENT ADVENTURE'?

Email your answer with your name and address to info@look-localmagazine.co.uk by 31st May 24'.

\*There are five Thame Players' productions a year. See website for details.













JOIN US AT **CHINNOR OR PRINCES RISBOROUGH**STATIONS AND ENJOY LEISURELY STEAM & CLASSIC
DIESEL TRAIN RIDES ALONGSIDE THE CHILTERN HILLS

SIT BACK, RELAX, AND ENJOY THE LOVELY SCENERY!

**Day Rover Tickets** 

Adult £10 - £16

Child £1

Free car parking, Station Café, and souvenir shop at Chinnor

station. See website or call for all fares,

timetables.

WHAT'S ON

• Kids-For-A-Quid – every running day £1

• Half-term 'Everything Chalky' - Kids £1 on 11 April

- Diesel Only Day for fans of Big Diesels on 04 May
- Restaurant Car Sparkling Afternoon Teas on 26 May
- Watlington Fryer Brain Teaser Quiz Night on 01 June
- Restaurant Car Sparkling Afternoon Teas on 09 June
- Father's Day Dad travels for £8 on 16 June
- Restaurant Car Mini Cream Teas on 16 June



**CHINNOR & PRINCES RISBOROUGH RAILWAY** 

**07979 055366** | www.**chinnorrailway**.co.uk STATION ROAD . CHINNOR . OX39 4ER

# NEWS & EVENTS IN OUR REGION

# WIN A WEEKEND TICKET

to Oxfordshire's leading family-friendly festival set in the heart of the Chiltern Hills, BEACON FESTIVAL!

Taking place on the Summer Solstice, this year's festival sees six-piece folk rock band Rusty Shackle returning to Beacon for the Friday night headline spot, and Green Haze, one of the UK's top Green Day tributes, taking to the Beacon Stage as Saturday's headliners.



Across three stages and a dedicated busking area, Beacon Festival 2024 features a wide range of bands from across the musical spectrum: from hard rock to ska, and indie to folk. Other artists on the festival's 2024 line-up include Birmingham-based world rock band, Punch the Sky, who will be returning after an electric performance at Beacon 2019, and the hugely popular 7-piece SkaSouls UK. The festival's full line-up will be announced in the coming weeks.

This year, Beacon has partnered with Sparkle Vegan Events to put on the festival's Sparkle Vegan Village – a one-stop shop for plant-based street food, drinks, and local artists. As an eco-conscious event, and in line with the ethos of Watlington Hill Farm Sanctuary where the festival is held, Beacon Festival will continue to offer a purely plant-based food selection for 2024. In true festival spirit there'll also be a real ales, local ciders and artisan cocktails to be enjoyed.

As with every year, Beacon will continue to offer kids under 14 free entry to the festival. The popular Kids Zone – offering a range of workshops and activities for children – is set to be bigger and better than ever, whilst the Feel Good wellbeing area will relax and rejuvenate festival- goers.

#### To enter to WIN A WEEKEND TICKET answer the following question:

Q: Who is Friday Nights Headline Act?

Email your answer with your name and contact details to info@look-localmagazine.co.uk by 31st May 24'. We have two prizes to giveaway. Winners will be notified via the email the entered with after the closing date.

Beacon Festival will take place on the 21sh and 22nd June 2024, at Hill Farm, Watlington Hill, Christmas Common, Watlington, OX49 5HS. Further information and tickets can be found at https://www.beaconfestival.net.

A fun-filled day out for family and air enthusiats alike at this years Abingdon Air & Country Show...

Saturday 18th May | Abingdon Airfield, Dalton Barracks | Starts at 10:00am

The three-hour Flying Display is set to include, from WWII; Europe's only flying Boeing B-17 Flying Fortress 'Sally-B', flypasts only from a BBMF Spitfire and Hurricane pair, a Griffin-powered Spitfire Mk19 owned and

y ABINGDON Y F COMMINSOR

maintained by Rolls Royce the company that produced the famous Merlin engines for the Spitfire and Hurricane, a further Hawker Hurricane Mk I, a new to this country P51 Mustang 'Jersey Jerk' and from the WWII training sector a Harvard, to be flown by Isabelle Rutland a new-to-the-display-scene pilot. From the period shortly after WWII we have the Auster AOP6 an Army battlefield spotter plane.

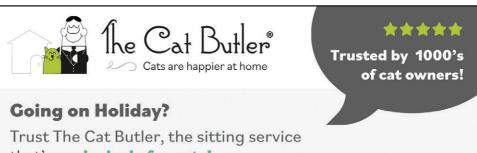
We will also have aerobatics welcoming back Richard Goodwin to race a car in his Muscle Pitts

and the exciting Titan Display Team. Our only jet in the display is the beautifully turned-out Jet Provost T5. Finally, but also formerly, we will have our first ever display by the RAF Falcons Parachute Team, now based at RAF Brize Norton, who will be opening the show. On the ground, amongst up to 50 others, will be a Tutor from RAF Benson and hopefully a return of the Boeing C17 from Brize Norton. Again, helicopters will abound, both flying and on static, including a display by the Gazelle 4-Ship team. The ever-popular Classic Jets radio-controlled models will give another polished display before the main flying begins.



Ground attractions will include; farm animals; ferret racing; a Craft Marquee; Live Music; a Virtual Axis simulator and a Spitfire simulator from 322 Sqn Royal Netherlands Air Force – a must see and have a go, they have come a long way!; Re-enactors; miniature Steam Engines; Classic and ex-Military vehicles of all types and sizes; mini radio controlled tanks; upwards of 75 Trade Stalls; Rescue Husky Dogs; Amusements including Punch & Judy and Bouncy Castles of all sizes; Military Careers units; aircraft cockpits (the kids can sit in) and much more including food, drink and ice cream outlets.

Tickets are now available online at www.abingdonairandcountry.co.uk, please note there are no retail sales outlets this year. Car Parks, open at 7.30am, entry into the showground is from 10am.



that's exclusively for cats!

- Free home care & security service
- Fully vetted and insured

Give us a call and let us pamper your feline friends in the familiar surroundings of their own home.



01844 213961



thame@thecatbutler.co.uk



Visit us at www.thecatbutler.co.uk

### www.buckselectrical.co.uk **BUCKS ELECTRICAL** SOLUTIONS

**Domestic Electrical Specialists** 

- Indoor and garden lighting
- Additional sockets
- Smart gadgets and lights
- WiFi and ethernet installations
- CCTV systems
- Extractor fans and smoke alarms
- Consumer units and additional circuits
- V TV set up, wall mounting, audio systems and more

Contact us: 07397 874279



**NAPIT** 

matthew.smith@buckselectrical.co.uk George Road, Stokenchurch

www.tvtaerials.co.uk

Family-run business established 25+ years

## Aeria

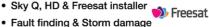


We give honest advice, offer fair pricing and have extensive local knowledge and experience with quick response times

- · Freeview TV. FM & DAB aerials
- · Additional TV points



Sky Q, HD & Freesat installer



· WiFi & data cabling



- · TV wall mounting & audio systems
- Qualified Electrician

#### Contact us:

01494 483472 07810 236024

info@tvtaerials.co.uk

George Road, Stokenchurch

# **NEED A PLUMBER?**

BLOCKED DRAINS, BLOCKED SINKS, BLOCKED TOILETS - CLEARED FAST

- > Drains Internal & External
- > CCTV Surveys
- > High Pressure Jetting
- > Manual Rodding
- > Plumbing, Heating & Drainage > Toilets, Sinks, Bathrooms
  - > Emergency Plumbing & Drainage
  - ➤ Insurance Work Undertaken
  - > Fully Qualified Engineers **Covering Your Area**

& NHS



**CALL OUR FRIENDLY TEAM 24/7** 01844 690834

PLUMBING HEATING & DRAINAGE









VISA VISI

No1 PHD Ltd, Company No; 11927404, Reg. in England & Wales



Master Locksmiths ~ Established 1975

- Key Cutting
- ⇒ Full Mobile Locksmiths Service
- Auto Locksmiths
- Door & Window Locks
- ⇒ Security Grilles & Roller Shutters
- Safes Supplied, Fitted & Removed
- Access Control, CCTV & Alarms

Tel: 01844 617278

Mob: 07760 247247

www.lockandkeycentre.co.uk







With more than 40 years experience and expertise our staff are able to ensure complete customer satisfaction







## Stronger and Longer Lasting

Tailored and Hand Built to suit you and your garden





## Sheds, Fences, Decking, **Gates and Pergolas**



Find expert advice at: avenue-fencing.co.uk 01296 712994 - 07971 583 977 info@avenue-fencing.co.uk





#### RESIDENTIAL, ARCHITECTURAL AND ENGINEE

#### **TYPES OF PROJECTS:**

- House Extensions
- Loft Conversions
- Home Offices
- **Garage Conversion**
- New Houses
- **New Developments**



WE OFFER A FREE IN PERSON, NO OBLIGATION CONSULTATION AND QUOTE

01895 255791 • info@oxbridgedesign.co.uk • www.oxbridgedesign.co.uk • 6



## OXFORD OAK TREE SURGERY



PROFESSIONAL TREE SURGEONS

- Tree Felling
  - Pruning
- · Pollarding
- Crown Reductions
  - · Re-Shaping
  - Fruit Trees
  - Stump Removal
  - Hedge Cutting
  - Firewood Logs
  - Free Quotations and advice

Professional work carried out by fully insured NPTC Qualified people who care

Office: 01844 237878

Mobile: 07961 425378

www.oxfordoaktreesurgery.co.uk





CREN WATES

Providing quality workmanship across all areas of building works and carpentry, including:

- Extensions
- Loft Conversions
- Renovations
- New Builds
   and more...
- Landscaping a

Find us on Facebook @CNB Renovate

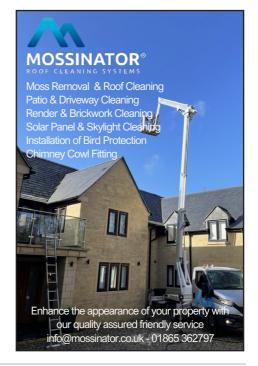






Troy: 07888 491837 | Cian: 07496 654102 E: admin@cnbrenovate.co.uk





## **Look locally over the garden gate** with Lucie Giselle Ponsford







Hello, and in this May edition of Look Local Over the Garden Gate, we're going to be diving deep into how plants adapt and looking at hydrophytes. They are plants that live in water: bog plants, water plants, plants that will live in your pond, streams, and the sea.

As we have been looking at the different plant environments, I wanted to reflect on this particular adaptation because it starts to reveal details about all the other adaptations.

We've discussed some of the technical terms within a plant, and one of them was the cuticle, which is the surface layer of the leaves—their skin. In water plants, there is no waxy cuticle; in other plants this adaptation reduces water loss. It doesn't need to hold water within its systems because it's submerged in water!

The plant has to have ways to release water to ensure that the vascular systems can still perform. It also, therefore, has many stomata on the upper surface. These little holes release gas and allow water vapour to leave the plant, mainly seen in plants that float on the surface like the water lily. Also, broad, flat leaves help plants absorb as much light as possible. We see this adaptation in plants that like shady environments as they try to capture maximum light through the woodland canopy. But water plants have only one surface to use. They're just trying to get maximum light from above and can be in full sun. Their root systems, which anchor them from floating off, are often small compared to herbaceous or shrubby plants. This is partly because the plant can diffuse nutrients straight into the stem. The plant does not need a structure to withstand winds and be self-supporting because it is supported by the water. It also has air sacs to help it float to the surface. If you notice the flowers too they are held above the water to allow pollinating insects to find them.

What is so fascinating about these plants is that they are entirely different. You can see how they really won't survive out of water. It is wonderful to consider the extremities of plant life. There are plants for every environment, and no environment couldn't be colonized. It might start with mosses, lichen, woody plants, grasses, cactus, or lush tropical plants. There is always a plant to get the process of succession going. It's comforting, actually, in our climate-threatening times! I do hope you liked this underwater exploration.

For more garden tips and info visit my Facebook page @mimosagardendesign

CONTACT ME:

E: info.mimosadesign@gmail.com

With love, Lucie x

M: 07737 286784









# The Mimosa way

We have an in-house construction team.

We can design your garden, We can build your garden too. . . and we can maintain your garden for the long term.

Call for a consultation on our complete service.

# Our Hearts Desire

At Mimosa Design our heartfelt desire is to create a private, joyful space for you and your loved ones to live, laugh and love on your high days holidays, evenings and weekends.

Designer Lucie Ponsford will help you make the best use of your space and create a beautiful outdoor living.

- T. 01844 396 881 M. 07737 286 784
- E. info.mimosadesign@gmail.com
- @mimosagardendesign\_showcase@mimosadesign

W. www.mimosagardendesign.com

Addr. Wainhill, Sanderum Centre, 38, Oakley Road, Chinnor OX39 4TW

Working Hours. 9am - 5pm, Monday - Friday













- Professional pressure washing service using advanced cleaning technology.
- All surfaces cleaned including block paving, patios, concrete, tarmac & walls.
- Imprinted concrete cleaned, re-coloured & sealed
- Removal of oil stains, moss, weeds and ground in dirt that ordinary pressure washing will not remove!
- Complete restoration of your drive using Resi Sealer (Inhibits weed growth).





#### TARMAC SEAL COATINGS

Improve the look and restore the colour of your tarmac by having it protected by our professionally layed sealant. Stops cracking, moss formation and fading.

THAME: 01844 317957 | OXFORD: 01865 987897

eliteexteriorcleaning235@gmail.com



Trust is just one of the things we build well

Thame: 01844 317 978 Oxford: 01865 985 686

Mobile: 07496 011 858

30a Upper High Street, Thame, Oxfordshire OX9 3EX

# Driveways | Patios | New Lawns Tree Surgery | Decking | Fencing







Covering Oxfordshire & Buckinghamshire For Over 30 Years



Visit Hartwell Nurseries for all your summer gardening inspiration.
From summer bulbs and fruit trees to fire pits, BBQs and quality garden furniture, we have everything you need to enjoy sitting out in your garden this summer.

Call in today to meet our experts and discover the very best in garden tools and supplies.

While you are here, why not enjoy a cup of tea and slice of homemade cake in our Tea Room.



Hartwell Nurseries, Stone, Aylesbury, Buckinghamshire, HP17 8RZ info@hartwellnurseries.co.uk | 01296 747961



High Street, Tetsworth, Oxon, OX9 7AB



01844 281777 www.theswan.co.uk antiques@theswan.co.uk

AT TETSWORT

# DURING THESE TOUGH ECONOMIC TIMES WE ARE MAKING OUR VENDORS THOUSANDS OF POUNDS AND WE GUARANTEE THE LOWEST COMMISSION RATES!

Our sellers fees have not increased since 2002 and we do not intend to now which simply means more money in your pocket when choosing to sell with us.

Unlike some other auction houses, we still allow people to view and bid in person in the room. Come and enjoy the atmosphere in our 40 room, historic, Grade II listed Elizabethan coaching inn. Free ample car park!

# NEXT AUCTIONS begin at Noon 1st May – Antiques & Interiors 5th June - Antiques & Interiors

Free valuations from Antique Experts and TV Personalities Tom Keane and Paul Hayes.



We are open for valuations and virtual valuations, from a single item to a complete house clearance or specialist collection. Home visits welcomed.

For all enquiries: T: 01844 281777 | E: antiques@theswan.co.uk